

Brow Lift Post Operative Instructions

- **POSITION:** Resting with your head elevator being in the upright position will help to decrease swelling during the postoperative period.
- **DRESSINGS:** Initial bulky dressings are usually removed a day or two after surgery. No further dressings are needed.
- **ACTIVITY** You may be up and around the house as soon as you feel able. Do not do anything that requires straining or heavy exercise for at least 10-14 days.
- **SUTURES, STAPLES, SCREWS:** These are usually removed within 10-14 days.
- **BATHING, SHOWERING:** You may shower or bathe as soon as the dressings are removed. You may use your regular shampoo
- **DRIVING:** Do not drive during the first 24 hours. You may drive thereafter if you feel completely normal. **DO NOT DRIVE IF TAKING NARCOTIC PAIN MEDICATIONS.**
- **ICE PACKS:** Crushed ice in a baggy or soft pack of frozen peas helps both swelling and discomfort
- **HAIRDRESSER:** Avoid coloring your hair for 5-6 weeks postoperatively. You may have your hair washed and combed, but have your hairdresser avoid very hot water, curlers, etc.

SPECIFIC AS YOU HEAL INSTRUCTIONS

- **SCARS:** The small scars will be hidden in the hairline. The scars will become almost unnoticeable within a few months.
- **FINAL APPEARANCE:** You will probably appreciate your final appearance in about one month. The results of a brow lift usually last for many years.
- **SWELLING:** All of the swelling does not usually disappear for 4-6 months.
- **HAIR LOSS:** If any hair loss occurs (which is unlikely), the hair follicles go into a resting phase for 2- 4 months. The hair then begins to grow again in almost all cases.